The Heartland Bridges program provides short-term housing for people in transition to and from mental health or substance abuse treatment, support services, and/or the justice system. The goal of the program is to help clients secure permanent housing and connect them with community-based services. Program staff are available 24 hours at the facility for resident oversight and assistance. The facility offers 15 beds, a kitchen, laundry room, and living room.

Household Items
- Bakeware
- Bath mats
- Bed Sheets & pillowcases
- Blankets/comforters
- Bowls
- Cooking utensils
- Cups
- Large serving dishes
- Mixing bowls
- NEW Pillows
- Plates
- Pot holders
- Pots & pans
- Shower curtains/rings
- Silverware
- Tupperware

Cleaning Supplies
- Disinfectant
- Dryer sheets
- Laundry soap
- Paper towels
- Toilet brushes
- Toilet bowl cleaner
- Window cleaner

Personal Hygiene
- Body wash/soap
- Deodorant
- Feminine hygiene
- Razors
- Shampoo & conditioner
- Toilet paper
- Toothbrushes
- Toothpaste
- Towels & washcloths

Health Needs
- Band-aids/bandages
- First aid kit
- Kleenex
- Thermometers

About Heartland Family Service
The mission of Heartland Family Service is to strengthen individuals and families in our community through education, counseling, and support services. Our programs provide critical human services in the areas of Child & Family Well-Being, Counseling & Prevention, and Housing, Safety, & Financial Stability to the individuals and families who ultimately shape the future of our community.

Deliver donations to:
Heartland Bridges
600 Ninth Ave, Council Bluffs, IA 51501
PH: (712) 325-5650 | FX: (712) 325-5651
info@HeartlandFamilyService.org
HeartlandFamilyService.org