



# Heartland Bridges

The **Heartland Bridges** program provides short-term housing for people in transition to and from mental health or substance abuse treatment, support services, and/or the justice system. The goal of the program is to help clients secure permanent housing and connect them with community-based services. Program staff are available 24 hours at the facility for resident oversight and assistance. The facility offers 15 beds, a kitchen, laundry room, and living room.



## WISH LIST

### Household Items

- Bakeware
- Bowls
- Cooking utensils
- Cups
- Large serving dishes
- Mixing bowls
- Plates
- Pot holders
- Pots & pans
- Silverware
- Tupperware
- Comforters
- Pillows
- Sheets
- Bath mats
- Shower curtains/rings
- Towels
- Wash cloths

### Cleaning Supplies

- Disinfectant
- Dryer sheets
- Laundry soap
- Paper towels
- Toilet brushes
- Toilet bowl cleaner
- Window cleaner

### Personal Hygiene

- Body wash/soap
- Conditioner
- Deodorant
- Feminine hygiene
- Razors
- Shampoo
- Toilet paper
- Tooth brushes
- Toothpaste

### Health Needs

- Band-aids/bandages
- First aid kit
- Kleenex
- Thermometers



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### About Heartland Family Service

Founded in 1875, Heartland Family Service serves more than 30,000 individuals of all ages each year from more than 15 locations in east central Nebraska and southwest Iowa. Our 50 programs provide critical human services to the individuals and families who ultimately shape the future of our community in the following focus areas: Child & Family, Counseling & Prevention, and Housing & Financial Stability.

**DONATIONS MAY BE DELIVERED TO:**  
**Heartland Bridges**  
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**family service**  
*Good works.*