



HEARTLAND FAMILY SERVICE IN SOUTHWEST IOWA

Since 1875, Heartland Family Service has helped individuals and families in our community find solutions to personal and family-related problems. In 1972, Family Service of Council Bluffs and Family Service of Omaha merged to become "Family Service of Omaha/Council Bluffs," and counselors from the Omaha office were placed in Council Bluffs. Today, the agency offers services from eight locations and nine counties in Southwest Iowa.

Heartland Family Service is committed to improving the quality of life in Southwest Iowa. Our mission is to strengthen individuals and families in our community through education, counseling and support services. We serve our mission by offering an array of professional and personal services for all community members, including mental health counseling, substance abuse and compulsive gambling treatment, homeless services and a therapeutic school. Many services are available free or on a sliding fee scale.

Please call Nancy Schulze at 322-1407 or (800) 422-1407 to tour our facilities or to learn more about our important work with children and families.

HEARTLAND
familyService
Good works.

SERVICES OFFERED IN SOUTHWEST IOWA

Mental Health Services

- Individual, Couple, Child and Family Therapy
- ACT: Community Treatment for Chronic Mental Illness
 - Anger Management Therapy Group
 - Therapeutic School

Addiction Services (Dual Diagnosis)

- Chemical Dependency/Substance Abuse Treatment
- Family Works Residential Treatment (Women with Children)
 - Alcohol & Drug Education Classes
 - Compulsive Gambling Outpatient Treatment
- Women's & Children's Case Management Services

Homeless Services

- Heartland Homes
- Pottawattamie County Homeless Link Outreach
*(Services located at 515 E Broadway,
MOHM's Place & MICA House)*
- Transitions Housing Facility & Case Management
 - Mental Health & Substance Abuse Treatment

Corporate Services

- Employee Assistance Program
- Worksite Education

Neighborhood Enrichment

- Ways To Work Program

CONTACT:

Nancy Schulze

Vice President of Iowa Professional Services

Heartland Family Service

515 E Broadway • Council Bluffs, IA 51501

(712) 322-1407 • (800) 422-1407

COMMENTS FROM CLIENTS

"I learned this program is more than a roof over your head. I had a lot to learn about how to maintain my housing and my overall health. The services and staff gave me knowledge to understand my problems and my family needs and the skills to manage my depression and struggles with money and lifestyle ideas."

- A client talking about our permanent supportive housing program

"Survival is the goal. Learning to be healthy is one of the tools I am using now. Learning to be independent is another tool. I have graduated from the program and am in a safe and happy place today. I am busy and productive and I like myself enough now to take care of myself and continue to work on my personal goals on my own. Thank you so much!"

- A recent graduate of the Solutions Program

"Thanks for changing my life to be better than I could have ever imagined."

-An 18 year-old substance abuse client

"I am thankful (my daughter) was taken out of my home as quickly as she was. My poor choices after my divorce that led to my drug usage could easily have been long term and devastating . . . I know now what I need to do to stay clean. Thank you for believing in me."

- A woman who recently graduated from our Family Works residential treatment program for mothers with children.

SOUTHWEST IOWA ADVISORY COMMITTEE

The Advisory Committee creates and supports our fundraising efforts in Southwest Iowa. In addition, they help others learn more about our programs and successes so that we can reach more people with the services needed in our area. We thank the following members for their support:

Don Andersen
Marcia Antworth
Suzi Brehmer
Alice Edwards
Jody Edwards

Lisa Gronstal
Carl Heinrich
Ted Hoff
Cindy Hoover
Rick Killion

Kelley Kulesa
Lydia Mason
Joanie Tekippe
Barb Walsh

EIGHT LOCATIONS

Heartland Family Service offers programming in nine Southwest Iowa counties, including Pottawattamie, Harrison, Shelby, Mills, Cass, Montgomery, Adair, Page & Fremont.

HEARTLAND FAMILY SERVICE

H. LEE GENDLER CENTER

515 E Broadway, Council Bluffs, IA 51503
Telephone: (712) 322-1407 · Toll Free: (800) 422-1407

LAKIN CAMPUS OFFICE

CHARLES E. LAKIN HUMAN SERVICES CAMPUS

1515 Avenue J, Council Bluffs, IA 51501 · Telephone: (712) 435-5350

HEARTLAND HOMES

CHARLES E. LAKIN HUMAN SERVICES CAMPUS

1503 Avenue J, Council Bluffs, IA 51501 · Telephone: (712) 435-5350

“TRANSITIONS” HOUSING FACILITY

208 S. 25th Street, Council Bluffs, IA 51501 · Telephone: (712) 322-1407

FAMILY WORKS

1722 Avenue C, Council Bluffs, IA 51501 · Telephone: (712) 435-5380

THERAPEUTIC SCHOOL

19696 Old Lincoln Highway, Council Bluffs, IA 51503
Telephone: (712) 325-1331

LOGAN OFFICE

107 North 4th Ave., Suite 9, Logan, IA 51546-1464
Telephone: (712) 644-2946 · Toll Free: (800) 422-1407

GLENWOOD OFFICE

103 North Walnut, Glenwood, IA 51534
Telephone: (712) 527-2177 · Toll Free: (800) 422-1407

